

# MATTRESS TO GO

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## King Rotation Guide

King mattresses require a slightly different rotation pattern than twins, fulls, or queens. People tend to sleep less in the center of a king mattress, sometimes resulting in a bit of a firmer or higher area in the center of the product. To help alleviate this common situation, we suggest a specialized rotation pattern that should be used with all new one-sided king mattresses. This unique pattern of 90-degree rotations will help all of the foams in your new mattress break-in at an even rate, creating a more level sleep surface. A king mattress is not a perfect square (76" x 80"), but the small side overhang during these 90-degree rotations will be minimal and not cause damage.

A new mattress takes approximately three months to break-in. During this time be sure to use the entire mattress, as this will help expedite the breaking-in process. Newer foams are designed to conform and soften slightly and have a certain degree of memory, so it's normal to observe some body impressions.

A new king mattress ideally should be rotated as follows for the first three months:

- **Week 1:** Keep mattress normally orientated. Maintain for two weeks.
- **Week 3:** Rotate the mattress 90 degrees clockwise.
- **Week 4:** Rotate the mattress another 90 degrees clockwise. Maintain for two weeks.
- **Week 6:** Rotate the mattress 90 degrees clockwise.
- **Week 7:** Rotate the mattress another 90 degrees clockwise. Maintain for two weeks.
- **Week 9:** Rotate the mattress 90 degree clockwise.
- **Week 10:** Rotate the mattress another 90 degrees clockwise. Maintain for two weeks.
- **Week 12:** Rotate the mattress 90 degrees clockwise.
- **Week 13:** Rotate the mattress another 90 degrees clockwise.  
(You should now be back to the original orientation of the mattress.)

Once your king mattress is broken-in, we recommend you spin the mattress 180 degrees once a month. If you notice a small high spot developing near the center of the mattress, simply rotate it 90 degrees for a week or two. After this time spin the mattress back to its correct orientation and continue with the normal rotation process.