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Reinforced T-Slat Guide

Under normal use a typical cross slat will bend and warp, causing your box spring and mattress to sag while voiding your mattress warranty. To avoid this problem, Mattress To Go suggests you convert your existing slats to T-slats.



Top view of T-Slat



Bottom view of T-Slat

Most mattress brands require at least five 1" x 4" cross slats for proper support. Use a quality grade of lumber, such as poplar, so that your new slats will last and not crack.

Start by cutting your cross slats to the proper length, making sure they fit snugly between your side rails. Next, cut a second set of five slats, but make these 12" shorter than the first set.

To assemble, place one of the shorter slats perpendicular to one of the longer slats as shown in the photo, making a "T". Center the shorter slat in relationship to the longer slat, making sure to leave the same amount of space on the sides and the ends. Flip the T-slat over and secure the slats together by drilling through the top slat into the bottom perpendicular slat using sharp self-tapping wood screws spaced every 8"-12". Tighten the screws with a drill to make sure that the two boards are attached strongly to each other. Repeat this procedure for each T-slat.

When you're finished, place your new T-slats into your bed set in the same manner as your old cross slats. The bottom support piece of the T-slat does not need to touch the floor and the resulting T-slat will be very strong and won't bow.